



Orchard Continuing Care

Outpatient Treatment

Recovery is a continuing journey that has just begun.

The first months of recovery are filled with changes and unfamiliar emotions. This time will present situations, challenges and feelings that are hard to handle. Although early recovery is difficult you do not have to face these changes alone. Continuing care provides the support and monitoring necessary for the successful transition from residential treatment to sober everyday living. Those who attend this program will develop tools needed for recovery maintenance, establish realistic goals for their future, and gain coping skills to deal with the stress of every day life.

Addiction treatment is just the beginning. Long-term recovery requires a lifetime commitment to healthy decision-making and actions. Give yourself some help along the way.

What is Continuing Care?

- Two intensive days programming per week:
Tuesday and Thursday from 10:30 – 3:30pm
- Recovery maintenance education & group therapy
- Professional and peer support

Call **604 947 0420** or email info3@orchardrecovery.com to register

ORCHARD RECOVERY
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Bowen Island, BC V0N 1G2
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Who can attend?

- Orchard alumni who have completed 42-day program
- Individuals leaving an inpatient residential addiction treatment program and are maintaining continued abstinence
(Please call for acceptance criteria.)

Location

- All sessions take place at our West Vancouver Outpatient office:

Suite 300
545 Clyde Avenue
West Vancouver

Cost

- Included in the fees for current Orchard Sober Living clients
- \$1000 per month plus HST for other 42 day Orchard Alumni
- Minimum commitment is one month
(It is recommended that participants attend Continuing Care on a regular basis for a minimum of six months.)

The Continuing Care-Outpatient Treatment program is facilitated each day by two of the Orchard Recovery Center's addiction counselors.